

Centre Activities

Beenleigh Neighbourhood Centre, 10-12 James Street, Beenleigh

Mondays

Yoga with Anand	See page 6 for more information
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Tuesdays

Mixed Beans Multicultural Choir	See page 3 for more information
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Shake Your Buddha Yoga and Retreats	See page 4 for more information
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Soroptimist International	See page 4 for more information
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U3A Creative Writing Group	See page 5 for more information
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Wednesdays

Yoga with Anand	See page 6 for more information
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Thursdays

Women's Social Group	See page 5 for more information
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Fridays

Beenleigh Ukulele Group	See page 3 for more information
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International Cooking Group	See page 3 for more information
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QLD Country Women's Association	See page 4 for more information
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U3A Guitar Group	See page 5 for more information
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Yoga with Anand	See page 6 for more information
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Sundays

Beenleigh Spiritualist Centre	See page 2 for more information
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Meeting Day Varies

Beenleigh Community Garden	See page 2 for more information
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Activity Name:	Beenleigh Community Garden		
Description:	Are you interested in gardening? Join us in our oasis of calm within the Beenleigh CBD.		
Date:	Varies		
Time:	Varies		
Cost:	\$5.00 per annum		
Please contact the person below prior to attending your first session, or if you have any questions.			
Name:	Sonya Chindamo	Website:	beenleigh.org.au/bcg
Telephone:	0422 792 547	Facebook:	facebook.com/groups/beenleighgarden
Email:	bcg_committee@beenleigh.org.au		

Activity Name:	Beenleigh Spiritualist Centre		
Description:	<ul style="list-style-type: none"> – We are a gathering of metaphysical minded people – We do not network or recruit we simply share – Monies collected fund amenities – Our aim is to assist your Spiritual growth <p>Every Sunday you are invited to attend a public meeting that introduces some of the teachings of Spiritualism. Spiritualism does not denounce or reject other religions or philosophies yet teaches that all philosophies and religions lead you back to your God source.</p> <p>The meeting is conducted along the lines of a church style service:</p> <ol style="list-style-type: none"> 1. Opening prayer 2. Song 3. The principals of Spiritualism 4. A talk by our Guest Speaker 5. Song 6. Healing Meditation 7. Announcements and free will offering (to cover amenities) 8. Song 9. Demonstration by Guest 10. Closing Prayer/Song 11. And if COVID rules permit, refreshments, and a chat. 		
Date:	Every Sunday (excluding Christmas break)		
Time:	9:30 a.m. – 11:30 a.m.		
Cost:	Donation		
Please contact the person below prior to attending your first session, or if you have any questions.			
Name:	Bob Colquhoun	Facebook:	facebook.com/bsc52
Telephone:	0449 774 486		
Email:	beenleighspiritualistcentre@outlook.com		

Activity Name: Beenleigh Ukulele Group	
Description: Ukulele players – beginners welcome	
Date: First and third Friday of each month, plus every fifth Friday, when this occurs.	
Time: 12.45 p.m. to 2.45 p.m.	
Cost: \$1.00 hall donation per session \$1.00 coffee & biscuit per session	
Equipment Required: Ukulele and music stand. Sheet music is provided.	
Please contact the persons below prior to attending your first session, or if you have any questions.	
Name: Col & Pat Hamblyn	Facebook: facebook.com/Beenleigh- Ukelele-Group-1895465414010269
Telephone: (07) 3804 0390	
Email: chamblyn@bigpond.net.au	

Activity Name: International Cooking Group	
Description: Cooking and social group	
Date: First and third Friday of each month	
Time: 9:00 a.m. – 12:00 p.m.	
Cost: \$5.00 (per session)	
Please contact the person below prior to attending your first session, or if you have any questions.	
Name: Pam Fleming	Email: flemingrod@bigpond.com
Telephone: 0437 373 675	

Activity Name: Mixed Beans Multicultural Choir	
Description: All-inclusive community choir open to all levels of experience; no auditions!	
Date: Every Tuesday (excluding school holidays)	
Time: 4:15 p.m. – 5:30 p.m.	
Cost: Optional donation (per session)	
Please contact the person below prior to attending your first session, or if you have any questions.	
Name: Cath Mundy	Website: mixedbeanschoir.wordpress.com
Telephone: 0405 974 561	Facebook: facebook.com/mixedbeanschoir
Email: cathjay@mundyturner.com	

Activity Name:	QLD Country Women's Association		
Description:	Everything we do is about empowering and inspiring women through friendship, education, connection, and advocacy. We enjoy great variety in our activities and pursuits, we fundraise to buy equipment for a local school, DV connect and several other local community needs.		
Date:	Second Friday of each month		
Time:	9.30 a.m. – 12.00 p.m.		
Cost:	\$72.59 (1 Year branch membership – our branch assists with part payment)		
Please contact one of the persons below prior to attending your first session, or if you have any questions.			
Name:	Aileen Coles (President) Karen Herring (Secretary)	Website:	qcwa.org.au
Telephone:	0419 375 708 (Aileen Coles) 0427 595 762 (Karen Herring)	Facebook:	facebook.com/Beenleigh-branch-QCWA-1430455203864119 facebook.com/QCWA1922
Email:	qcwabeenleighbranch@hotmail.com		

Activity Name:	Shake Your Buddha Yoga and Retreats		
Description:	'Forever Young' community yoga class for those aged over 50		
Date:	Every Tuesday		
Time:	9.30 a.m. – 10.30 a.m.		
Cost:	\$6.00 per session		
Please contact the person below prior to attending your first session, or if you have any questions.			
Name:	Trishna Peacock	Website:	shakeyourbuddha.com.au
Telephone:	0415 845 369	Facebook:	facebook.com/shakeyourbuddha.com.au
Email:	trishnapeacock@gmail.com		

Activity Name:	Soroptimist International		
Description:	We are committed to a world where women and girls together achieve their individual and collective potential, realise aspirations, and have an equal voice in creating strong, peaceful communities worldwide.		
Date:	Second and fourth Tuesday of each month		
Time:	6:30 p.m.		
Cost:	\$175.00 per annum		
Please contact the person below prior to attending your first session, or if you have any questions.			
Name:	Christine Johnstone	Website:	siswp.org/club-finder/13-beenleigh-inc.html
Telephone:	0417 750 311	Facebook:	facebook.com/sibeenleigh
Email:	sibeenleigh@siswp.org		

Activity Name:	U3A Creative Writing Group		
Description:	Have you always wanted to write a novel or a short story, but you are not sure how to begin? Join the group and expand your mind, learn new skills, and have fun. Must be a member of U3A.		
Date:	Every second Tuesday		
Time:	10:00 a.m. – 11:30 a.m.		
Cost:	U3A membership (\$40.00 per annum) + \$2.00 per session		
Equipment Required:	Pen, paper, and your imagination!		
Please contact the person below prior to attending your first session, or if you have any questions.			
Name:	Valerie Beaumont	Email:	blueheeler22@gmail.com
Telephone:	0415 867 033	Website:	u3abrisbane.org.au

Activity Name:	U3A Guitar Group		
Description:	Enjoy playing and learning guitar in a relaxed group. Must be a member of U3A.		
Date:	Every Friday (excluding school holidays)		
Time:	12.00 p.m. to 1.30 p.m.		
Cost:	U3A membership (\$40.00 per annum) + \$2.00 per session		
Equipment Required:	Acoustic guitar		
Please contact the person below prior to attending your first session, or if you have any questions.			
Name:	Grant Croft	Website:	u3abrisbane.org.au
Telephone:	0422 331 643		
Email:	croft.grant@gmail.com		

Activity Name:	Women's Social Group		
Description:	We are a social group, coming together fortnightly for coffee and a chat, sometimes with a guest speaker. We also enjoy the occasional daytrip.		
Date:	Every second Thursday		
Time:	10:00 a.m. – 12:00 p.m.		
Cost:	Gold coin donation (per session)		
Please contact the person below prior to attending your first session, or if you have any questions.			
Name:	Linda Hannah		
Telephone:	0414 436 209		
Email:	lindahannah678@hotmail.com		

Activity Name:	Yoga with Anand		
Description:	Yoga, gentle stretching, and meditation		
Date:	Mondays, Wednesdays, and Fridays		
Time:	5.30 p.m. (Mondays), 7:00 p.m. (Mondays), 6.00 p.m. (Wednesdays), 7.15 p.m. (Wednesdays – meditation only), and 6.30 a.m. (Fridays)		
Cost:	First class free, then 10 classes for \$140.00, or drop-in rate of \$15.00 per class. Bookings are essential.		
Equipment Required:	Yoga mat		
Please contact the person below prior to attending your first session, or if you have any questions.			
Name:	Anand Bhatt	Website:	anandamwellness.com
Telephone:	0451 084 481	Facebook:	facebook.com/Anandam-Wellness-357432718082571
Email:	dranandbhatt@gmail.com		