

# Centre Activities

Beenleigh Neighbourhood Centre, 10-12 James Street, Beenleigh

## Mondays

Yoga with Anand	See page 6 for more information
Beenleigh Community Garden	See page 2 for more information
Card Group – Canasta (Hand & Foot)	See page 6 for more information

## Tuesdays

Mixed Beans Multicultural Choir	See page 3 for more information
Shake Your Buddha Yoga and Retreats	See page 4 for more information
Soroptimist International	See page 4 for more information
U3A Creative Writing Group	See page 5 for more information

## Wednesdays

Yoga with Anand	See page 6 for more information
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## Thursdays

Women's Social Group	See page 5 for more information
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## Fridays

Beenleigh Ukulele Group	See page 3 for more information
International Cooking Group	See page 3 for more information
QLD Country Women's Association	See page 4 for more information
U3A Guitar Group	See page 5 for more information
Yoga with Anand	See page 6 for more information

## Sundays

Beenleigh Spiritualist Centre	See page 2 for more information
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<b>Activity Name:</b>	Beenleigh Community Garden		
<b>Description:</b>	Are you interested in gardening? Join us in our oasis of calm within the Beenleigh CBD.		
<b>Date:</b>	Every Monday		
<b>Time:</b>	2:00 p.m. – 4:30 p.m.		
<b>Cost:</b>	\$5.00 per annum		
<b>Please contact the person below prior to attending your first session, or if you have any questions.</b>			
<b>Name:</b>	Sonya Chindamo	<b>Website:</b>	beenleigh.org.au/bcg
<b>Telephone:</b>	0422 792 547	<b>Facebook:</b>	facebook.com/groups/beenleighgarden
<b>Email:</b>	bcg_committee@beenleigh.org.au		

<b>Activity Name:</b>	Beenleigh Spiritualist Centre		
<b>Description:</b>	<p>– We are a gathering of metaphysical minded people          – We do not network or recruit we simply share          – Monies collected fund amenities          – Our aim is to assist your Spiritual growth</p> <p>Every Sunday you are invited to attend a public meeting that introduces some of the teachings of Spiritualism. Spiritualism does not denounce or reject other religions or philosophies yet teaches that all philosophies and religions lead you back to your God source.</p> <p>The meeting is conducted along the lines of a church style service:</p> <ol style="list-style-type: none"> <li>1. Opening prayer</li> <li>2. Song</li> <li>3. The principals of Spiritualism</li> <li>4. A talk by our Guest Speaker</li> <li>5. Song</li> <li>6. Healing Meditation</li> <li>7. Announcements and free will offering (to cover amenities)</li> <li>8. Song</li> <li>9. Demonstration by Guest</li> <li>10. Closing Prayer/Song</li> <li>11. And if COVID rules permit, refreshments, and a chat.</li> </ol>		
<b>Date:</b>	Every Sunday (excluding Christmas break)		
<b>Time:</b>	9:30 a.m. – 11:30 a.m.		
<b>Cost:</b>	Donation		
<b>Please contact the person below prior to attending your first session, or if you have any questions.</b>			
<b>Name:</b>	Bob Colquhoun	<b>Facebook:</b>	facebook.com/bsc52
<b>Telephone:</b>	0449 774 486		
<b>Email:</b>	beenleighspiritualistcentre@outlook.com		

<b>Activity Name:</b>	Beenleigh Ukulele Group		
<b>Description:</b>	Ukulele players – beginners welcome		
<b>Date:</b>	First and third Friday of each month, plus every fifth Friday, when this occurs.		
<b>Time:</b>	12.45 p.m. to 2.45 p.m.		
<b>Cost:</b>	\$1.00 hall donation per session   \$1.00 coffee & biscuit per session		
<b>Equipment Required:</b>	Ukulele and music stand. Sheet music is provided.		
<b>Please contact the persons below prior to attending your first session, or if you have any questions.</b>			
<b>Name:</b>	Col & Pat Hamblyn	<b>Facebook:</b>	facebook.com/Beenleigh- Ukelele-Group-1895465414010269
<b>Telephone:</b>	(07) 3804 0390		
<b>Email:</b>	chamblyn@bigpond.net.au		

<b>Activity Name:</b>	International Cooking Group		
<b>Description:</b>	Cooking and social group		
<b>Date:</b>	First and third Friday of each month		
<b>Time:</b>	9:00 a.m. – 12:00 p.m.		
<b>Cost:</b>	\$5.00 (per session)		
<b>Please contact the person below prior to attending your first session, or if you have any questions.</b>			
<b>Name:</b>	Lilian Routledge	<b>Email:</b>	lilianroutledge@icloud.com
<b>Telephone:</b>	0410 475 003		

<b>Activity Name:</b>	Mixed Beans Multicultural Choir		
<b>Description:</b>	All-inclusive community choir open to all levels of experience; no auditions!		
<b>Date:</b>	Every Tuesday (excluding school holidays)		
<b>Time:</b>	4:15 p.m. – 5:30 p.m.		
<b>Cost:</b>	Optional donation (per session)		
<b>Please contact the person below prior to attending your first session, or if you have any questions.</b>			
<b>Name:</b>	Cath Mundy	<b>Website:</b>	mixedbeanschoir.wordpress.com
<b>Telephone:</b>	0405 974 561	<b>Facebook:</b>	facebook.com/mixedbeanschoir
<b>Email:</b>	cathjay@mundyturner.com		

<b>Activity Name:</b>	QLD Country Women's Association		
<b>Description:</b>	Everything we do is about empowering and inspiring women through friendship, education, connection, and advocacy. We enjoy great variety in our activities and pursuits, we fundraise to buy equipment for a local school, DV connect and several other local community needs.		
<b>Date:</b>	Second Friday of each month		
<b>Time:</b>	9.30 a.m. – 12.00 p.m.		
<b>Cost:</b>	\$72.59 (1 Year branch membership – our branch assists with part payment)		
<b>Please contact one of the persons below prior to attending your first session, or if you have any questions.</b>			
<b>Name:</b>	Aileen Coles (President) Karen Herring (Secretary)	<b>Website:</b>	qcwa.org.au
<b>Telephone:</b>	0419 375 708 (Aileen) 0427 595 762 (Karen)	<b>Facebook:</b>	facebook.com/Beenleigh-branch-QCWA-1430455203864119 facebook.com/QCWA1922
<b>Email:</b>	qcwabeenleighbranch@hotmail.com		

<b>Activity Name:</b>	Shake Your Buddha Yoga and Retreats		
<b>Description:</b>	'Forever Young' community yoga class for those aged over 50		
<b>Date:</b>	Every Tuesday		
<b>Time:</b>	9.30 a.m. – 10.30 a.m.		
<b>Cost:</b>	\$6.00 per session		
<b>Please contact the person below prior to attending your first session, or if you have any questions.</b>			
<b>Name:</b>	Trishna Peacock	<b>Website:</b>	shakeyourbuddha.com.au
<b>Telephone:</b>	0415 845 369	<b>Facebook:</b>	facebook.com/shakeyourbuddha.com.au
<b>Email:</b>	trishnapeacock@gmail.com		

<b>Activity Name:</b>	Soroptimist International		
<b>Description:</b>	We are committed to a world where women and girls together achieve their individual and collective potential, realise aspirations, and have an equal voice in creating strong, peaceful communities worldwide.		
<b>Date:</b>	Second and fourth Tuesday of each month		
<b>Time:</b>	6:30 p.m.		
<b>Cost:</b>	\$175.00 per annum		
<b>Please contact the person below prior to attending your first session, or if you have any questions.</b>			
<b>Name:</b>	Christine Johnstone	<b>Website:</b>	siswp.org/club-finder/13-beenleigh-inc.html
<b>Telephone:</b>	0417 750 311	<b>Facebook:</b>	facebook.com/sibeenleigh
<b>Email:</b>	sibeenleigh@siswp.org		

<b>Activity Name:</b>	U3A Creative Writing Group		
<b>Description:</b>	Have you always wanted to write a novel or a short story, but you are not sure how to begin? Join the group and expand your mind, learn new skills, and have fun. Must be a member of U3A.		
<b>Date:</b>	Every second Tuesday		
<b>Time:</b>	10:00 a.m. – 11:30 a.m.		
<b>Cost:</b>	U3A membership (\$40.00 per annum) + \$2.00 per session		
<b>Equipment Required:</b>	Pen, paper, and your imagination!		
<b>Please contact the person below prior to attending your first session, or if you have any questions.</b>			
<b>Name:</b>	Valerie Beaumont	<b>Email:</b>	blueheeler22@gmail.com
<b>Telephone:</b>	0415 867 033	<b>Website:</b>	u3abrisbane.org.au

<b>Activity Name:</b>	U3A Guitar Group		
<b>Description:</b>	Enjoy playing and learning guitar in a relaxed group. Must be a member of U3A.		
<b>Date:</b>	Every Friday (excluding school holidays)		
<b>Time:</b>	12.00 p.m. - 1.30 p.m.		
<b>Cost:</b>	U3A membership (\$40.00 per annum) + \$2.00 per session		
<b>Equipment Required:</b>	Acoustic guitar		
<b>Please contact the person below prior to attending your first session, or if you have any questions.</b>			
<b>Name:</b>	Grant Croft	<b>Website:</b>	u3abrisbane.org.au
<b>Telephone:</b>	0422 331 643		
<b>Email:</b>	croft.grant@gmail.com		

<b>Activity Name:</b>	Women's Social Group		
<b>Description:</b>	We are a social group, coming together fortnightly for coffee and a chat, sometimes with a guest speaker. We also enjoy the occasional daytrip.		
<b>Date:</b>	Every second Thursday		
<b>Time:</b>	10:00 a.m. – 12:00 p.m.		
<b>Cost:</b>	Gold coin donation (per session)		
<b>Please contact the person below prior to attending your first session, or if you have any questions.</b>			
<b>Name:</b>	Linda Hannah		
<b>Telephone:</b>	0414 436 209		
<b>Email:</b>	lindahannah678@hotmail.com		

<b>Activity Name:</b>	Yoga with Anand		
<b>Description:</b>	Yoga, gentle stretching, and meditation		
<b>Date:</b>	Mondays, Wednesdays, and Fridays		
<b>Time:</b>	5.30 p.m. (Mondays), 7:00 p.m. (Mondays), 6.00 p.m. (Wednesdays), 7.15 p.m. (Wednesdays – meditation only), and 6.30 a.m. (Fridays)		
<b>Cost:</b>	First class free, then 10 classes for \$140.00, or drop-in rate of \$15.00 per class. Bookings are essential.		
<b>Equipment Required:</b>	Yoga mat		
<b>Please contact the person below prior to attending your first session, or if you have any questions.</b>			
<b>Name:</b>	Anand Bhatt	<b>Website:</b>	anandamwellness.com
<b>Telephone:</b>	0451 084 481	<b>Facebook:</b>	facebook.com/Anandam-Wellness-357432718082571
<b>Email:</b>	dranandbhatt@gmail.com		

<b>Activity Name:</b>	Card Group – Canasta (Hand & Foot)		
<b>Description:</b>	Canasta is a popular card game. Come along to learn and play this variation in a friendly and supportive atmosphere. This is a great way to meet new friends and have some fun. Beginners, people with no understanding or knowledge of the game, and those with expertise are ALL welcome.		
<b>Date:</b>	Every Monday		
<b>Time:</b>	1.00 p.m. – 4:00 p.m.		
<b>Cost:</b>	\$2.00 per session		
<b>Please contact one of the persons below prior to attending your first session, or if you have any questions.</b>			
<b>Name:</b>	Verlie Kirkwood Fran Macdonald	<b>Email:</b>	kirkwop@gmail.com (Verlie) fran.macdonald@ozemail.com.au (Fran)
<b>Telephone:</b>	0409 071 017 (Verlie) 0419 725 142 (Fran)		