

Centre Activities

Beenleigh Neighbourhood Centre, 10-12 James Street, Beenleigh

Mondays		
Yoga with Anand	See page 6 for more information	
Beenleigh Community Garden	See page 2 for more information	
Card Group – Canasta (Hand & Foot)	See page 6 for more information	

Tuesdays			
Shake Your Buddha Yoga and Retreats	See page 4 for more information		
Soroptimist International	See page 4 for more information		
U3A Creative Writing Group	See page 5 for more information		

Wednesdays		
Craft Group	See page 3 for more information	
Yoga with Anand	See page 6 for more information	

Thursdays	
Women's Social Group See page 5 for more information	

Fridays		
Beenleigh Ukulele Group	See page 3 for more information	
International Cooking Group	See page 3 for more information	
QLD Country Women's Association	See page 4 for more information	
U3A Guitar Group	See page 5 for more information	
Yoga with Anand	See page 6 for more information	

Sundays	
Beenleigh Spiritualist Centre	See page 2 for more information



Activity Name:	Beenleigh Community Garden			
Description:	Are you interested in gardening? Join us in our oasis of calm within the Beenleigh CBD.			
Date:	Every Monday			
Time:	2:00 p.m. – 4:30 p.m.	2:00 p.m. – 4:30 p.m.		
Cost:	Free (Donations Accepted)			
Please contac	t the person below prior to attending yo	ur first sessio	on, or if you have any questions.	
Name:	Sonya Chindamo	Website:	beenleigh.org.au/bcg	
Telephone:	0422 792 547	Facebook:	facebook.com/groups/beenleighgarden	
Email:	bcg_committee@beenleigh.org.au			

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	Beenleigh Spiritualist Centre	ا جنوع مر ام ما		
Description:	: – We are a gathering of metaphysical minded people			
	- We do not network or recruit we simply	snare		
	– Monies collected fund amenities			
	 Our aim is to assist your Spiritual growth 			
	Every Sunday you are invited to attend a n	uhlic meeti	ng that introduces some of the	
	Every Sunday you are invited to attend a public meeting that introduces some of the teachings of Spiritualism. Spiritualism does not denounce or reject other religions or			
	philosophies yet teaches that all philosophi			
	The meeting is conducted along the lines of a church style service:			
	1. Opening prayer	1. Opening praver		
	2. Song			
	3. The principals of Spiritualism			
	4. A talk by our Guest Speaker			
	5. Song			
	6. Healing Meditation			
	7. Announcements and free will offering (to cover amenities)			
	8. Song			
	9. Demonstration by Guest			
	10. Closing Prayer/Song			
	11. And if COVID rules permit, refreshments, and a chat.			
	Every Sunday (excluding Christmas break)			
	9:30 a.m. – 11:30 a.m.			
Cost:	Donation			
Please contac	t the person below prior to attending you	r first sessio	on, or if you have any questions.	
	Bob Colquhoun	Facebook:	facebook.com/bsc52	
	0449 774 486			
Email:	beenleighspiritualistcentre@outlook.com			



Activity Name:	Beenleigh Ukulele Group		
Description:	Ukulele players – beginners welcome		
Date:	First and third Friday of each month,	plus every f	ifth Friday, when this occurs.
Time:	12.45 p.m. – 2.45 p.m.		
Cost:	\$2.00 hall donation per session \$1.0	00 coffee &	biscuit per session
Equipment Required:	Ukulele and music stand. Sheet music is provided.		
Please contact	t the persons below prior to attendin	g your first	session, or if you have any questions.
Name:	Col & Pat Hamblyn	Facebook:	facebook.com/Beenleigh- Ukelele-Group-
			1895465414010269
Telephone:	(07) 3804 0389		
Email:	chamblyn@bigpond.net.au		

Activity Name:	Craft Group			
Description:	Morning of fellowship creating greeting cards. Tea & coffee provided.			
Date:	Every Wednesday			
Time:	9:00 a.m. – 11:00 a.m.			
Cost:	\$7.00 per session			
Please contac	t the person below prior to attending y	your first s	session, or if you have any questions.	
Name:	Rani Kriekenbeek	Email:	ranik9@optusnet.com.au	
Telephone:	(07) 3801 1783			

Activity Name:	International Cooking Group		
Description:	Cooking and social group		
Date:	First and third Friday of each month		
Time:	9:00 a.m. – 12:00 p.m.		
Cost:	\$5.00 (per session)		
Please contac	t the person below prior to attending	your first s	ession, or if you have any questions.
Name:	Lilian Routledge	Email:	lilianroutledge@icloud.com
Telephone:	0410 475 003		



Activity Name:	QLD Country Women's Association			
Description:	Everything we do is about empowering and inspiring women through friendship, education,			
	connection, and advocacy. We enjoy great variety in our activities and pursuits, we fundraise			
	to buy equipment for a local school, DV connect and several other local community needs.			
Date:	Second Friday of each month			
Time:	9.30 a.m. – 12.00 p.m.			
Cost	\$72.59 (1 Year branch membership –	our branch	assists with part payment)	
Please contact on	e of the persons below prior to atten	ding your fi	rst session, or if you have any questions.	
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Name:	Aileen Coles (President)	Website:	qcwa.org.au	
	Karen Herring (Secretary)			
Talanhana	0410 27E 709 (Ailcon)	Facebook	feesheel com/Deculsich branch OCN/A	
relephone:	0419 375 708 (Aileen)	racebook.	Tacebook.com/Beenleign-branch-QCWA-	
Telephone:	0419 375 708 (Alleen) 0427 595 762 (Karen)		facebook.com/Beenleigh-branch-QCWA- 1430455203864119	
Telephone:	. ,			

Activity Name:	Activity Name: Shake Your Buddha Yoga and Retreats			
Description:	otion: 'Forever Young' community yoga class for those aged over 50			
Date:	Every Tuesday			
Time:	9.30 a.m. – 10.30 a.m.			
Cost:	\$6.00 per session			
Please contac	Please contact the person below prior to attending your first session, or if you have any questions.			
Name:	Trishna Peacock	Website:	shakeyourbuddha.com.au	
Telephone:	0415 845 369	Facebook:	facebook.com/shakeyourbuddha.com.au	
Email:	trishnapeacock@gmail.com			

Activity Name:	Soroptimist International			
Description	We are committed to a world where women and girls together achieve their individual and			
	collective potential, realise aspirations, and have an equal voice in creating strong, peaceful			
	communities worldwide.			
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Date:	Second and fourth Tuesday of each	n month		
Time:	6:30 p.m.			
Cost:	\$175.00 per annum			
Please contac	Please contact the person below prior to attending your first session, or if you have any questions.			
Name:	Christine Johnstone	Website:	siswp.org/club-finder/13-beenleigh-inc.html	
Telephone	0417 750 311	Facebook:	facebook.com/sibeenleigh	
Email:	sibeenleigh@siswp.org			



	U3A Creative Writing Group			
Description:	Have you always wanted to write a no	vel or a shor	t story, but you are not sure how to begin?	
	Join the group and expand your mind,	learn new sk	kills, and have fun. Must be a member of	
	U3A.			
Date:	Every second Tuesday			
Time:	10:00 a.m. – 11:30 a.m.			
Cost:	U3A membership (\$45.00 per annum) + \$2.00 per session			
Equipment Required:	Pen, paper, and your imagination!			
Please contac	tact the person below prior to attending your first session, or if you have any questions.			
Name:	Marlene Wood	Email:	marlkaye66@gmail.com	
Telephone:	0404 053 295	Website:	u3abrisbane.org.au	
Activity Name:	U3A Guitar Group			
Description:	Enjoy playing and learning guitar in a r	elaxed grou	p. Must be a member of U3A.	
Date:	Every Friday (excluding school holidays)			
Time:	12.00 p.m. – 1.30 p.m.			
Cost:	U3A membership (\$45.00 per annum) + \$2.00 per session			
Equipment Required:				
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Please contac	Please contact the person below prior to attending your first session, or if you have any questions.			
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Name:	Grant Croft	Website:	u3abrisbane.org.au	
Telephone:	0422 331 643			
Email:	croft.grant@gmail.com			

Activity Name:	Women's Social Group			
Description:	We are a social group, coming together fortnightly for coffee and a chat, sometimes with a			
	guest speaker. We also enjoy the occasional daytrip.			
Date:	Every second Thursday			
Time:	10:00 a.m. – 12:00 p.m.			
Cost:	Gold coin donation (per session)			
Please contac	t the person below prior to attending your first s	ession, or if you have any questions.		
Name:	Kate Grisdale Emai	I: kategris@hotmail.com		
Telephone:	0408 736 493			



Activity Name:	Yoga with Anand			
Description:	Yoga, gentle stretching, and meditatic	n		
Date:	Mondays, Wednesdays, and Fridays			
Time:	5.30 p.m. (Mondays), 7:00 p.m. (Mondays), 6.00 p.m. (Wednesdays), 7.15 p.m. (Wednesdays – meditation only), and 6.30 a.m. (Fridays)			
	First class free, then 10 classes for \$140.00, or drop-in rate of \$15.00 per class. Bookings are essential.			
Equipment Required:	Yoga mat			
Please contact the person below prior to attending your first session, or if you have any questions.				
Name:	Anand Bhatt	Website	anandamwellness.com	
Telephone:	0451 084 481	Facebook:	facebook.com/Anandam-Wellness- 357432718082571	
Email:	dranandbhatt@gmail.com			
Activity Name:	Card Group – Canasta (Hand & Foot)			
	Canasta is a popular card game. Come along to learn and play this variation in a friendly and supportive atmosphere. This is a great way to meet new friends and have some fun. Beginners, people with no understanding or knowledge of the game, and those with expertise are ALL welcome.			
	Every Monday			
	1.00 p.m. – 4:00 p.m.			
Cost:	\$2.00 per session			

Please contact one of the persons below prior to attending your first session, or if you have any questions.

Name:	Verlie Kirkwood	Email:	kirkwop@gmail.com (Verlie)
	Fran Macdonald		fran.macdonald@ozemail.com.au (Fran)
Telephone:	0407 533 083 (Verlie)		
	0419 725 142 (Fran)		