

Centre Activities

Beenleigh Neighbourhood Centre, 10-12 James Street, Beenleigh

Mondays

Yoga with Anand	See page 5 for more information
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Card Group – Canasta (Hand & Foot)	See page 6 for more information

Tuesdays

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Wednesdays

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Thursdays

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Fridays

Beenleigh Ukulele Group	See page 3 for more information
International Cooking Group	See page 3 for more information
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Sundays

Beenleigh Spiritualist Centre	See page 2 for more information
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Activity Name:	Beenleigh Community Garden		
Description:	Are you interested in gardening? Join us in our oasis of calm within the Beenleigh CBD.		
Date:	Every Monday		
Time:	2:00 p.m. – 4:30 p.m.		
Cost:	Free (Donations Accepted)		
Please contact the person below prior to attending your first session, or if you have any questions.			
Name:	Sonya Chindamo	Website:	beenleigh.org.au/bcg
Telephone:	0422 792 547	Facebook:	facebook.com/groups/beenleighgarden
Email:	bcg_committee@beenleigh.org.au		

Activity Name:	Beenleigh Spiritualist Centre		
Description:	<ul style="list-style-type: none"> – We are a gathering of metaphysical minded people – We do not network or recruit we simply share – Monies collected fund amenities – Our aim is to assist your Spiritual growth <p>Every Sunday you are invited to attend a public meeting that introduces some of the teachings of Spiritualism. Spiritualism does not denounce or reject other religions or philosophies yet teaches that all philosophies and religions lead you back to your God source.</p> <p>The meeting is conducted along the lines of a church style service:</p> <ol style="list-style-type: none"> 1. Opening prayer 2. Song 3. The principals of Spiritualism 4. A talk by our Guest Speaker 5. Song 6. Healing Meditation 7. Announcements and free will offering (to cover amenities) 8. Song 9. Demonstration by Guest 10. Closing Prayer/Song 11. And if COVID rules permit, refreshments, and a chat. 		
Date:	Every Sunday (excluding Christmas break)		
Time:	9:30 a.m. – 11:30 a.m.		
Cost:	Donation		
Please contact the person below prior to attending your first session, or if you have any questions.			
Name:	Bob Colquhoun	Facebook:	facebook.com/bsc52
Telephone:	0449 774 486		
Email:	beenleighspiritualistcentre@outlook.com		

Activity Name:	Beenleigh Ukulele Group		
Description:	Ukulele players – beginners welcome		
Date:	First and third Friday of each month, plus every fifth Friday, when this occurs.		
Time:	12.45 p.m. – 2.45 p.m.		
Cost:	\$2.00 hall donation per session \$1.00 coffee & biscuit per session		
Equipment Required:	Ukulele and music stand. Sheet music is provided.		
Please contact the persons below prior to attending your first session, or if you have any questions.			
Name:	Col & Pat Hamblyn	Facebook:	facebook.com/Beenleigh- Ukelele-Group-1895465414010269
Telephone:	(07) 3804 0389		
Email:	chamblyn@bigpond.net.au		

Activity Name:	International Cooking Group		
Description:	Cooking and social group		
Date:	First and third Friday of each month		
Time:	9:00 a.m. – 12:00 p.m.		
Cost:	\$7.00 (per session)		
Please contact one of the persons below prior to attending your first session, or if you have any questions.			
Name:	Donna Rogers Ivy Enkera	Telephone:	0431 164 452 (Donna) 0407 126 720 (Ivy)
Email:	droge49@hotmail.co.nz (Donna) ashron.ltd@gmail.com (Ivy)		

Activity Name:	QLD Country Women's Association		
Description:	Everything we do is about empowering and inspiring women through friendship, education, connection, and advocacy. We enjoy great variety in our activities and pursuits, we fundraise to buy equipment for a local school, DV connect and several other local community needs.		
Date:	Second Friday of each month		
Time:	9.30 a.m. – 12.00 p.m.		
Cost:	\$72.59 (1 Year branch membership – our branch assists with part payment)		
Please contact one of the persons below prior to attending your first session, or if you have any questions.			
Name:	Joanne Rye (President) Karen Herring (Secretary)	Website:	qcwa.org.au
Telephone:	0417 741 347 (Joanne) 0427 595 762 (Karen)	Facebook:	facebook.com/Beenleigh-branch-QCWA-1430455203864119 facebook.com/QCWA1922
Email:	beenleighbranch@qcwa.org.au		

Activity Name: Shake Your Buddha Yoga and Retreats	
Description: 'Forever Young' community yoga class for those aged over 50	
Date:	Every Tuesday
Time:	9.30 a.m. – 10.30 a.m.
Cost:	\$6.00 per session
Please contact the person below prior to attending your first session, or if you have any questions.	
Name:	Trishna Peacock
Website:	shakeyourbuddha.com.au
Telephone:	0415 845 369
Facebook:	facebook.com/shakeyourbuddha.com.au
Email:	trishnapeacock@gmail.com

Activity Name: Soroptimist International	
Description: We are committed to a world where women and girls together achieve their individual and collective potential, realise aspirations, and have an equal voice in creating strong, peaceful communities worldwide.	
Date:	Second and fourth Tuesday of each month
Time:	6:30 p.m.
Cost:	\$175.00 per annum
Please contact the person below prior to attending your first session, or if you have any questions.	
Name:	Christine Johnstone
Website:	siswp.org/club-finder/13-beenleigh-inc.html
Telephone:	0417 750 311
Facebook:	facebook.com/sibeenleigh
Email:	sibeenleigh@siseap.org

Activity Name: U3A Creative Writing Group	
Description: Have you always wanted to write a novel or a short story, but you are not sure how to begin? Join the group and expand your mind, learn new skills, and have fun. Must be a member of U3A.	
Date:	Every second Tuesday
Time:	10:00 a.m. – 11:30 a.m.
Cost:	U3A membership (\$45.00 per annum) + \$2.00 per session
Equipment Required:	Pen, paper, and your imagination!
Please contact the person below prior to attending your first session, or if you have any questions.	
Name:	Marlene Wood
Email:	markaye66@gmail.com
Telephone:	0404 053 295
Website:	u3abrisbane.org.au

Activity Name:	U3A Guitar Group		
Description:	Enjoy playing and learning guitar in a relaxed group. Must be a member of U3A.		
Date:	Every Friday (excluding school holidays)		
Time:	12.00 p.m. – 1.30 p.m.		
Cost:	U3A membership (\$45.00 per annum) + \$2.00 per session		
Equipment Required:	Acoustic guitar		
Please contact the person below prior to attending your first session, or if you have any questions.			
Name:	Grant Croft	Website:	u3abrisbane.org.au
Telephone:	0422 331 643		
Email:	croft.grant@gmail.com		

Activity Name:	Women's Social Group		
Description:	We are a social group, coming together fortnightly for coffee and a chat, sometimes with a guest speaker. We also enjoy the occasional daytrip.		
Date:	Every second Thursday		
Time:	10:00 a.m. – 12:00 p.m.		
Cost:	Gold coin donation (per session)		
Please contact the person below prior to attending your first session, or if you have any questions.			
Name:	Kate Grisdale	Email:	kategris@hotmail.com
Telephone:	0408 736 493		

Activity Name:	Yoga with Anand		
Description:	Yoga, gentle stretching, and meditation		
Date:	Mondays, Wednesdays, and Fridays		
Time:	5.30 p.m. (Mondays), 7:00 p.m. (Mondays), 6.00 p.m. (Wednesdays), 7.15 p.m. (Wednesdays – meditation only), and 6.30 a.m. (Fridays)		
Cost:	First class free, then 10 classes for \$140.00, or drop-in rate of \$15.00 per class. Bookings are essential.		
Equipment Required:	Yoga mat		
Please contact the person below prior to attending your first session, or if you have any questions.			
Name:	Anand Bhatt	Website:	anandamwellness.com
Telephone:	0451 084 481	Facebook:	facebook.com/Anandam-Wellness-357432718082571
Email:	dranandbhatt@gmail.com		

Activity Name:	Card Group – Canasta (Hand & Foot)		
Description:	Canasta is a popular card game. Come along to learn and play this variation in a friendly and supportive atmosphere. This is a great way to meet new friends and have some fun. Beginners, people with no understanding or knowledge of the game, and those with expertise are ALL welcome.		
Date:	Every Monday		
Time:	1.00 p.m. – 4:00 p.m.		
Cost:	\$2.00 per session		
Please contact one of the persons below prior to attending your first session, or if you have any questions.			
Name:	Verlie Kirkwood Fran Macdonald	Email:	kirkwop@gmail.com (Verlie) fran.macdonald@ozemail.com.au (Fran)
Telephone:	0407 533 083 (Verlie) 0419 725 142 (Fran)		